

TERMS AND SCALES

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GLASGOW COMA SCALE

INFANT		CHILD/ADULT	
EYE OPENING			
4	Spontaneously	4	Spontaneously
3	To speech	3	To command
2	To pain	2	To pain
1	No response	1	No response _____
BEST VERBAL RESPONSE			
5	Coos, babbles	5	Oriented
4	Irritable cries	4	Confused
3	Cries to pain	3	Inapp. words
2	Moans to pain	2	Incom. sounds
1	No response	1	No response _____
BEST MOTOR RESPONSE			
6	Normal movement	6	Obeys commands
5	Withdraws to touch	5	Localizes pain
4	Withdraws from pain	4	Withdraws from pain
3	Abnormal flexion	3	Abnormal flexion
2	Abnormal extension	2	Abnormal extension
1	No response	1	No response _____
			TOTAL _____

AVPU

1. A Patient is ALERT
2. V Patient responds to VOICE
3. P Patient responds to PAIN
4. U Patient is UNCONSCIOUS

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THE APGAR SCORING CHART

Sign	0	1	2
Heart Rate	Absent	Below 100 bpm	Over 100 bpm
Respiratory Effort	Absent	Slow, irregular	Good, Crying
Muscle Tone	Flaccid, Limp	Some Flexion of Extremities	Active Motion
Reflex Irritability (Response to flick on sole)	No Response	Some Motion, Cry	Vigorous Cry
Color	Blue, Pale	Body Pink, Hands and Feet Blue	Completely Pink

The Apgar Score should be done 1 minute and 5 minutes after delivery of the baby.

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CHAMPION TRAUMA SCALE

1. RESPIRATORY RATE	10-24	4
	25-35	3
	>36	2
	1- 9	1
	0	0 _____

2. RESPIRATORY EXPANSION	Normal	1
	Retractive	0 _____

3. SYSTOLIC BP	>90	4
	70-89	3
	50-69	2
	0-49	1
	0	0 _____

4. CAPILLARY REFILL	<2 seconds	2
	>2 seconds	1
	none	0 _____

SUBTOTAL= _____

5. ADD 1/3 of GLASGOW COMA SCORE

14-15	5
11-13	4
8-10	3
5- 7	2
3- 4	1 _____

TOTAL= _____

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ACCEPTABLE MEDICAL ABBREVIATIONS

abd.	abdomen
Amb.	ambulatory
anes.	anesthesia
ASAP	as soon as possible
ASCVD	arteriosclerotic cardiovascular disease
ASHD	arteriosclerotic heart disease
bid	twice daily
bilat.	bilateral
BM	bowel movement
BP	blood pressure
CAD	Coronary artery disease
cath.	catheterize or catheter
CCU	cardiac care unit
CHD	coronary heart disease
CHF	congestive heart failure
cm	centimeter
CNS	central nervous system
C/O	complains of
cont	continued
COPD	chronic obstructive pulmonary disease
CPAP	Continuous Positive Airway Pressure
CS	Caesarean section
CSF	cerebrospinal fluid
D/C	discontinue
DOA	dead on arrival
DT's	delirium tremens
Dx.	diagnosis
ea.	each
EDD	expected date of delivery
EKG/ECG	electrocardiograph
ER	Emergency Room
ET	endotracheal
exam.	examination
FB	foreign body
F.H.R.	fetal heart rate
FHS	fetal heart sound
fl.	fluid
ft.	foot
FWB	full weight bearing
Fx.	fracture
gal.	gallon
GB	gallbladder

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GI	gastrointestinal
Gm	gram
gr.	grain
GSW	gunshot wound
gtts.	Drops
H ₂ O	water
Htn	hypertension
Hx.	History
ICU	intensive care unit
IHD	ischemic heart disease
IM	intramuscular
inj.	injection
irrig.	irrigate
IV	intravenous
IVP	intravenous push
IVPB	intravenous piggy back
K	potassium
KVO	keep vein open
(L)	left
lab.	laboratory
lac.	laceration
liq.	liquid
LLQ	left lower quadrant (abdomen)
LPN	licensed practical nurse
LUQ	left upper quadrant (abdomen)
mcg	microgram
med.	medicine
MVA/MVC	Motor vehicle accident/Motor vehicle Crash
N/A	not applicable
NB	newborn
N&V	nausea and vomiting
neg., (-)	negative
NPO	nothing by mouth
NSR	normal sinus rhythm
O ₂	oxygen
OB	obstetrical
oint.	ointment
oz.	ounce
para	number of births
PE	physical examination
PED	pediatrics
per	through or by
PERLA	pupils equal, react to light and accommodation

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PI	present illness
PID	pelvic inflammatory disease
P.M. or p.m.	after noon; postmortem
PMHX	past medical history
post.	posterior
Post-op	post operative
prep	surgical preparation
PRN	according to necessity
Pt.	patient
Pvt.	private
q.	every
q hr.	hourly
q / (2,3) hrs	every / (2.3) hours
QID	four times a day
q.p.m.	every evening
QRS	complex, ventricular complex (as shown in EKG)
quad.	quadriplegic
q.wk.	every week
(R)	right
RBC	red blood count
rec'd	received
Resp.	respiration
RHD	Rheumatic heart disease
RN	Registered Nurse
R/O	rule out
ROSC	Return Of Spontaneous Circulation
Rx	treatment
SB	stillborn
SG	surgery
SH	social history
stat or STAT	at once
Sq.	subcutaneous
T or temp.	temperature
tab	tablet
TID	three times a day
TKO	keep vein open
ULO	upper left quadrant
Unacc.	unaccompanied
URI	upper respiratory infection
URQ	upper right quadrant
U. S.	ultra sound
UTI	urinary tract infection
Vag.	vaginal
VD	Veneral Disease

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vert.	vertical
Vol.	volume
VS	vital signs (pulse and blood pressure)
WBC	white blood count
wd.	wound
w/o	without
wt.	weight
yr.	year
↑	elevated, increased
↓	decline, decreased
=	equal
>	greater than
<	less than